

## Words That Impact Or Harm

- B. **Proverbs 12:1** “Whoever loves instruction loves knowledge, but he who hates correction [is] stupid.”
- C. **Proverbs 12:18** “There is one who speaks like the piercings of a sword, but the tongue of the wise [promotes] health.”
- D. **Proverbs 15: 4** “A wholesome tongue [is] a tree of life, but perverseness in it breaks the spirit.”
- E. **Proverbs 18:21** “Death and life [are] in the power of the tongue, and those who love it will eat its fruit.”
- F. **Psalms 37:30** “The mouth of the righteous speaks wisdom, and his tongue talks of justice.”
- G. **Psalms 52:2** “Your tongue devises destruction, like a sharp razor, working deceitfully.”
- H. **Psalms 120:2** “Deliver my soul, O LORD, from lying lips [and] from a deceitful tongue.”
- I. **James 1:26** “If anyone among you thinks he is religious, and does not bridle his tongue, but deceives his own heart, this one’s religion [is] useless.”
- J. **More proof? Proverb 10:20, Isaiah50:4, Isaiah 54:17, Psalms19:14, Proverbs 4:24, Proverbs 6:12, Proverbs 10:32, Proverbs 21:23, Matthew 15:18, Matthew 12:36-37,1 Corinthians15:33, Ephesians 4:29**
9. You signed up for an impacting journey. It will be 8 weeks that will stretch you. There will be ups and downs, which is why we recommend you don’t do it on your own. Ask God to help you.
10. If you have an issue with your tongue, mouth or speech ask God to help you overcome this obstacle and bring wholesome speech into your mind and spirit.
11. If you want to speak over someone’s life, speak life into them and watch what happens to them and you.
12. What you have been given on this document is wisdom from God’s Word. You are now without excuse.

## WAHU Achievement Manual

### Patches and Bars



### Your guide to shared adventure

This Book belongs to ...

Name: \_\_\_\_\_

My Journey begins today

Date: \_\_\_\_\_

## WAHU Purpose

The purpose of this organization shall be:

1. Focusing on what makes men come alive biblically .
2. Offering sound biblical studies that will bring spiritual growth
3. Fathering sons and daughters into the kingdom of God.
4. Raise up men to get their spiritual heart back, direct them into the adventure God intended them to live and teach them to be the best husband and father as outlined in Ephesians 5:22–6:4.
5. Training men to go out and make disciples as was directed by Jesus Christ in Matthew 28:18-20

## Our Pledge

**Joshua 24:15**

“And if it seems evil to you to serve the LORD, choose for yourselves this day whom you will serve, whether the gods which your fathers served that were on the other side of the river, or the gods of the Amorites, in whose land you dwell. **But as for me and my house, we will serve the LORD.**”

## Our Golden Rule

**Proverbs 27:17**

[As] iron sharpens iron, so a man sharpens the countenance of his friend.

## Our Battle Cry

**Exodus 15:3**

“The LORD is a man of war; The LORD is His Name.”

## Words That Impact Or Harm

1. We are going to go through an 8-week journey with each other. We will learn some things about ourselves. The things that are shared and discussed in these sessions remain in these sessions, unless you give permission to share with others.
2. These sessions are designed to build each other up, and not tear us down.
3. Some of us will be using technology to communicate such as texting and Group Me.
  - A. Group Me is an app that helps us communicate as a group more efficiently.
  - B. It is used to share thoughts, session insights or prayer requests.
  - C. If you want to participate, it is easy. Just need your permission to do it.
4. We are very sensitive to the language and slang words used in today's society and ask that those do not enter into the sessions. Words such as... Retard, Gay, Dummy, Idiot, Stupid.
5. There will be segments in these sessions that will expose wounds received in life and the healing process needed to not own them any longer.
6. We want words and conversations that build up rather than tear down.
7. You may think this is silly for us to cover this subject, but the enemy loves for us to use negative words because they have power. We are going to learn how to break that power and lift each other up. We guarantee you that it will dramatically impact you in the future.
8. Lets see what the Word of God states about the tongue, mouth and the spoken word.
  - A. Hosea 4:6 “My people are destroyed for lack of

There are several opportunities each year to not only earn patches, but to also fellowship with your WAHU brotherhood. Here are just a few that you should be on the lookout for...

- **WAHU On-line Calendar:** We continually update our calendar regarding upcoming events, and classes. Suggest you go to the [www.wahu.biz](http://www.wahu.biz) to get up to date info.
- \* **WAH Session 6 Camping Adventure Weekends.** These are designed for our new candidates taking the WAH session to have a get away weekend to cover session 6. Former graduates are also encouraged to attend in support of those new candidates which will be receiving their WAH names.
- \* **WAH Summit Weekends.** This is another awesome weekend to hang out with WAHU brothers. These weekends are full of intense friendly competition. There are Cornhole tournaments, Carpet ball tournaments, Basketball, Movie night and lots of food to go with all the fun.
- \* **Intensity Weekends.** These are weekends that are specifically design for those who want to earn patches. We will focus mainly on patches that are required for the RCA patch. There are limited spaces available for these weekends so keep an eye out for more info on when they are offered.

This Booklet is designed to be a resource to help all of us be more organized. It will also aid in better tracking of your patch earning progress.

~On each page you will find all the detail you will need to earn specific patches.

~With each patch description there will also be a place for you to get the signature of a WAHU leader. This will be required to receive your patch.

~Some patches will be given automatically if you served in the military. We recognize that the training you received it more than qualifies you for certain patches. Those patch(s) will have a hashtag [#] next to them.

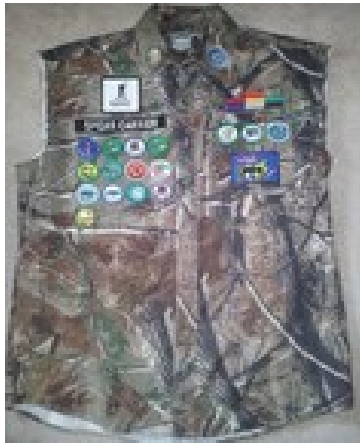
~It is our hope that this will remove confusion about how to earn patches and which patches you still have not earned.

~It will also remove any confusion about what patches you have earned, but have not received.

~As leadership it is our hope that this resource will better equip us to be more organized and to serve our brothers more effectively.

## **WAHU Award and Recognition Vest**

The vest is another way to recognize those men who not only completed certain study sessions offered at WAHU, but includes patches of events these men participated in and completed. The more the men participate in the WAHU program the more patches and ribbon bars they will obtain.



- There are no sleeves on the vest to signify that we don't need to roll them up., because we are always ready to do what it takes.
- Vest will display the WAHU logo patch on the upper right hand side.
- Your WAH name is positioned below the WAHU patch
- Your Tribal patch will be positioned on the left pocket.
- The vest is given to those who successfully pass the WAH session.

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## Bunker Ministry

**What is a bunker? It is a safe place to be when a battle is breaking out all around you. It is a hedge of protection where you can regroup, reload , resupply and rest before going out into the battlefield. Any soup kitchen represents a spiritual bunker for individuals who need help and reinforcements to come in and help out from time to time in various capacities.**

**If you help serve food to the less fortunate and fellowship 5 time in a year you will receive your Christian Services patch.**

Dates of Service...

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Signature of leadership



## What is in a name?

**We understand that names are intricately connected to identity. When we name our children there is lots of thought and maybe even some debate that goes into what their name will be. Because we think that the name we give them may in some way propel, and direct them in a certain direction as they grow. They can be impacted positively or negatively by the name we give them.**

**There are multiple instances in the Bible where God changed a persons name because they were about to be set in a new trajectory in their life . From Saul to Paul, Jacob to Israel, Abram to Abraham, just to name a few. In every instance where God changed a man’s name he was calling them to greater things, to live a more full and meaningful life centered in His will for them.**

**When you commit to going through WAH we believe that God will call you to live a more full life and he will also begin to draw you into His will and direction for your life. To signify this we give you a new name that speaks to the growth that we see in you and the direction that we believe God is calling you towards.**

## Tribal Patch

## Notes

“[As] iron sharpens iron, so a man sharpens the countenance of his friend.”



The small group of men that you will begin your WAHU journey with will become the iron that sharpens you. They are the ones who will have your back, as you walk this journey together. They will support you and offer assistance when you need it. They may also be the ones who will deliver a well placed kick to the seat of your pants when you need it. You will begin this journey as strangers, but you will walk through it as brothers. Together you will have the opportunity to design and create a TRIBAL PATCH, and come up with a TRIBAL NAME. The patch will identify you as a band of brothers and exemplify the DNA of your group. Your Tribe name will be your call to arms when one or more of you are in need of support. Choose wisely and prayerfully, and include everyone in the process. This will be your first test of brotherhood.

Keep in mind that this is an activity to draw you together. If at any point it becomes a matter of contention do not proceed. The goal is to encourage brotherhood not to give the enemy a foot hold to destroy what God is beginning in you and your group. Your group facilitator will monitor the activity and let you know if it becomes something that needs to be re-evaluated for the group.

## Award Patches

Will be positioned on the right hand side of the shirt  
below the persons name patch.



Crime Prevention/Personal Protection Patch is given to those who have been properly taught in the art of self protection against an assailant.

Military personnel receive this patch automatically.

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Leadership Signature/Date



Models & Design Patch is given to Men who assist the Royal Rangers in building their pinewood derby cars.

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Leadership Signature/Date



Paintball Patch is given to an individual who has attended a WAH paintball outing.

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Leadership Signature/Date



Insect Study Patch is given to those who went on a WAH camping adventure and were eaten up by ticks, chiggers, mites and mosquitoes.

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Leadership Signature/Date

## RCA WAHrrior Patch



**WAHU is open to every man. WAHU is not an exclusive club, However, there are men that want to pursue their abilities and take it to the ultimate level. This patch will be a symbol of a man that has successfully finished the multiple criteria as outlined on the next page. Just like the military has the Navy Seals or Green Berets or the Delta Force, we have the RCA WAHrrior.**

**RAK CHAZAK AMATS!!!**

Note: Next page outlines a chart on items needed to get this patch.

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Leadership Signature/Date



Need to attend a Session 6 Camping Adventure

Need WAH Name



All Patches Required Are Marked With A "+".

Ribbon Bars

- WAH
- Holy Spirit
- Way Of The Maser
- Bait Of Satan
- Armor Of God
- EPIC
- Beautiful Outlaw



## Award Patches



+ Gun Safety Patch is given to and individual who has successfully passed a gun safety course.

Leadership Signature/Date



+ Shotgun Shooting Patch is given to those who have passed the safety course and has hit 7 clay targets in a row.

Leadership Signature/Date



+ Black Powder Patch is given to and individual who successfully loads a black powder gun, shoots at a target and hits it.

Leadership Signature/Date



+ Advanced Marksmanship Patch signifies that you completed the shooting range activity., with a shotgun (7 Of 10 clays), a rifle and hand gun (3 of 5 shots on target), and loading and shooting a black powder gun. Must have Gun Safety Patch to get this Patch.

Leadership Signature/Date



Archery Patch signifies that you have completed the safety course and shooting range activity.

Leadership Signature/Date



## Award Patches

Will be positioned on the right hand side of the shirt  
below the persons name patch



- + Hunting Patch is given to an individual who successfully completed the safety class and hunted and animal and prepared it for a meal.

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Leadership Signature/Date



- Primitive Snare Patch is given to an individual who has assembled a working snare.
- Based on certain state laws it is illegal to snare animals with out a license.

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Leadership Signature/Date



- + Fishing Patch is given to an individual who caught a fish and prepared it for eating.

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Leadership Signature/Date



- Fly Fishing Patch is given to and individual who has successfully gone fly fishing and caught a fish

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Leadership Signature/Date

## Session Completion Ribbon Recognition

These are worn on the upper left hand pocket



Red signifies the completion of Wild at Heart sessions



Blue signifies the completion of Basic Way of the Master sessions



Gold signifies the completion of the Bait of Satan sessions



Orange signifies the Completion of The Holy Spirit sessions



Gray signifies the completion of The Armor of God sessions



Brown signifies the completion of the EPIC sessions



Green signifies the completion of the Beautiful Outlaw sessions

## Session Completion Ribbon Recognition

These are worn on the upper left hand pocket



Light Blue signifies completion of Book of Remembrance



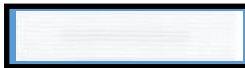
Purple signifies completion of the Conquering Series sessions



Green with Center White Stripe signifies completions of the Dynamic Marriage class



Blue with Center Gold Stripe signifies completion of Intermediate level of Way of the Master. This bar replaces the basic blue bar.



White signifies the completion of the Heaven Study sessions



Half White and Half Red signifies the completion of the Hearts Ablaze Study session (This Class has prerequisites)

For each class you complete ask the leader to sign or initial on or near the picture of that classes bar.

## Award Patches

Will be positioned on the right hand side of the shirt below the persons name patch



+ Bible Patch is given to the individual who is able to memorize the 8 verses from the WOTM class. A second patch indicates the individual memorized verses in the Adv. WOTM Class.

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Leadership Signature/Date



+ Life Saving Patch is for those who have completed Way of the Master, and witnessed to three people .

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Leadership Signature/Date



The Public Speaking Patch is given to an individual who has been asked to present a talk on a particular subject in front of a group of men on at least 3 different occasions.

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Leadership Signature/Date



Family Life Patch is issued to a person who helps in the infant, toddlers, or Kids Church department of the church. Must serve 7 different times to get this patch,

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Leadership Signature/Date

## Award Patches

Will be positioned on the right hand side of the shirt  
below the persons name patch



+ Cycling Patch is given to an individual who has successfully completed a day trip biking adventure. (At least 20 miles)

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Leadership Signature/Date



Swimming Patch is given to an individual crazy enough to take a Polar Bear Plunge into a frigid body of water.

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Leadership Signature/Date



Track/Mudder Patch is given to an individual who has participated in a Tough Mudder Race.

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Leadership Signature/Date



Sports Patch is given to an individual who organizes or directs a church sports league or team.

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Leadership Signature/Date

## Session Leadership Collar Patches



+ The Marksmanship Patch (Right hand shirt collar) will indicate that this person did a One On One WAH Session. Gold number on center of patch indicates amount of OOO completed.

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Leadership Signature/ Date



+ Signifies person being trained to lead a Wild At Heart session. Being mentored by Leadership. (Left hand shirt collar)

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Leadership Signature/Date



Signifies the person has been trained to conduct WAH session and bringing up another trainee. (Left hand shirt collar)

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Leadership Signature/Date



Signifies that this person has completed all sessions offered at WAHU and is able to conduct the sessions and train up and mentor others to do the same. (Left hand shirt collar)

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Leadership Signature/Date



Given to an individual who is a certified Pastor. (Left hand shirt collar)

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Leadership Signature/Date



Given to an individual who completes Treasured Principles Session. Symbolizes that we always have in the back of our mind Treasured Principles. (Back of shirt collar)

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Leadership Signature/Date

## Left Pocket Awards

Positioned on the left hand side of the shirt across the pocket lip.



Given to a Certified Doctor

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Leadership Signature/Date



Music Patch is given to an individual who plays a musical instrument. They can be easily identified to participate in the WAH praise team.

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Leadership Signature/Date



Basic Sign Language patch is given to someone that has the skills to communicate with the deaf.

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Leadership Signature/Date



Auto Mechanics patch is given to and individual who has the skills to work on cars.

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Leadership Signature/Date

## Award Patches

Will be positioned on the right hand side of the shirt below the persons name patch



+ Rock Climbing Patch is given to an individual who successfully completes a rock climbing activity.

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Leadership Signature/Date



+ Rappelling patch is given to an individual who has successfully completed a rappelling training session.

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Leadership Signature/Date



+ Canoe Patch is given to and individual who has successfully finished a 7 mile canoe trip

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Leadership Signature/Date



+ Kayaking Patch is given to an individual who has successfully finished a 7mile kayak trip.

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Leadership Signature/Date



The Rowing Patch will be given to those who went white water rafting.

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Leadership Signature/Date



## Award Patches

Will be positioned on the right hand side if the shirt below the persons name patch



+ Camping Patch is given to an individual who has successfully camped in a tent overnight.

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Leadership Signature/Date



+ Primitive Shelter Patch is given to an individual who successfully camps overnight in a primitive shelter.

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Leadership Signature/Date



+ Winter Camping patch is given to those who actually camped outdoors in winter for one night. The temperature needs to be below 35 degrees F.

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Leadership Signature/Date



+ Fire Starter patch is given to an individual who starts a fire without using a match.

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Leadership Signature/Date



Cooking Patch is given to our Camp Cook. The Man or Men who do all the cooking for our WAHU camps.

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Leadership Signature/Date

## Left Pocket Awards

Will be positioned on the left hand side of the shirt across the pocket lip.



Law enforcement patch is provided to the individual who works on the church security team. If you are a certified law enforcement officer you patch will be positioned on the left hand collar.

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Leadership Signature/Date



Home Repair patch is given to someone who has the skills in carpentry, electrical, masonry, plumbing or other skills needed around the home and is willing to use those skills to help others.

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Leadership Signature/Date



The Photography patch is given to an individual who is available to take pictures and video at WAHU events. You would be given an outline of pictures needed at the event. There is not usually much time for this person to fellowship when doing this task.

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Leadership Signature/Date



This Pin is given to all of our Brothers who have served or are serving in our military. Thank you for your Service.



## Award Patches

Will be positioned on the left hand side of the shirt below the tribal patch.

WAH conducts WAHU Summits and a patch is designed for the weekend event. Here are just a few examples of the Summit Patches created.



+ Bugling Patch signifies that you successfully sounded the horn for battle.

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Leadership Signature/Date



+ Hiking Patch is given to individuals who have completed a mapped out hike.

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Leadership Signature/Date



+ Backpacking Patch is given to an individual who does a minimum 1 night backpacking trip with camping.

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Leadership Signature/Date



+ Compass Patch is given to an individual who has taken the compass training class and successfully completed a compass walking course.

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Leadership Signature/Date



+ Wilderness Survival Patch is given to the person successfully completed fire Starter, Adv. Marksmanship, Fishing, Backpacking, compass, Hunting, Snare, Hiking and Camping/ Primitive/Winter Camping Patches.

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Leadership Signature/Date